

# Elizabethtown Aquatic Club

## Swimmer Code of Conduct

As a member of the Elizabethtown Aquatic Club, I will abide by the following guidelines:

- I. I will uphold the value of sportsmanship. In doing so I will not act disrespectfully towards any coach, official, swimmer from EAC or another team, or any other individual involved with any aspect of the Elizabethtown Aquatic Club.
- II. Teamwork is the foundation of EAC. I understand that my actions will either enhance or take away from the environment of teamwork at practice and at meets. I will enhance this environment by encouraging my teammates and maintaining a positive attitude. If I don't have something positive to say, I won't say anything at all.
- III. Destruction of college property or the property of teams we visit will not be tolerated under any circumstance.
- IV. I will participate *fully* in meet warm-ups. I understand that if I will be missing warm-ups for any reason I need to inform one of the coaches ahead of time. If I do miss warm-ups without informing one of the coaches I may be scratched from the meet.
- V. Practice is an essential part of becoming a better swimmer. I understand the more regular my attendance the better swimmer I will become.
- VI. If I arrive early for practice, I will wait quietly in the bleachers until it is time for my practice to start. I will not disrupt the practice that is occurring while I wait.
- VII. I understand that the coaching staff has the final say on dual meet lineups. While I may ask to swim a certain event, that is not a guarantee I will swim that event.
- VIII. I will be a responsible goodwill ambassador between the sport of swimming and the public, as well as represent the Elizabethtown Aquatic Club in an appropriate manner.

**Sanctions.** Should I conduct myself in such a way that brings discredit or discord to the Elizabethtown Aquatic Club, or USA Swimming, I voluntarily subject myself to disciplinary action. EAC maintains the right to terminate any membership with/without cause in the interest of our vision, mission and objectives.

Swimmer Signature \_\_\_\_\_ Date \_\_\_\_\_

Print Name \_\_\_\_\_

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

Print Name \_\_\_\_\_